



# #MeronTAYONG maibabahagi

Northern Samar Teachers'  
Sharing of Experiences in Developing  
and Integrating MHM concepts before teaching



## What were the challenges:

- Crafting the first draft of my DLP & WHLP was a bit challenging because of the limited resources and some of which are aged inappropriate.
- The cultural notion and systematic barriers that discussion of sex and reproductive health matters are malicious and shameful and should be discuss in isolation, particularly in the learning setting even in the content our learning materials.
- The daunting task of teachers brought about this health crisis.

## What worked:

- Grateful enough for the support and guidance provided to me by Sir AJ and Sir Jeffrey from LDAG, they send me ample developmentally appropriate skills-based materials from CHSI and UNICEF, which saved me so much time.
- DLP & WHLP worked both for online and modular approach



## What the rewards are:

For myself as a teacher:

- DLP & WHLP and other MHM-CSE Learning materials, like animated videos and printable booklets made teaching and learning management easy and capacitated teachers more confident in teaching MHM and RHM.

For my students:

- The birth of DLP and WHLP with MHM integration transforms reproductive health issues from taboos to acceptance.
- From isolation to open and healthy discussion among learners with scientific awareness that developed life-long skills.

