



# #MeronTAYONG maibabahagi

Northern Samar Teachers'  
Sharing of Experiences in Developing  
and Integrating MHM concepts before teaching



## What were the challenges:

- The overwhelming daily workload and endless urgent reports posed the greatest challenge on when could I squeeze in the crafting of my W+LP. Honestly, I rely on the ready-made W+LPs shared by generous fellows in different sites, so this one is my first.

## What worked:

- I would peruse all of my downloaded W+LPs so somehow it wasn't as difficult as I thought when we were asked to translate our DLPs to W+LPs.
- The in-depth training and indulgent mentors in M+M/CSE prepared me for an easy-paced task.



## What the rewards are:

*For myself as a teacher:*

- With the wide array of teaching and learning materials , I am now more confident and competent.



*For my students:*

- The comprehensive lessons and engaging activities would eradicate feelings of embarrassment and taboo on ( discussions about ) sex and reproductive and menstrual health.