



#MeronTAYONG maibabahagi

Northern Samar Teachers'
Sharing of Experiences in Developing
and Integrating MHM concepts before teaching



What were the challenges:

- DLP and WHLP were the two most essential parts of the teaching and learning process. Crafting those two were challenging in this new modality
- No face to face interaction to quality approach of administering the DLP and WHLP
- Parent's involvement is another echoing problem
- Economic status of the family

What worked:

- The guidance provided from the team and my school support
- Home visitations, modular, and online approaches in administering the lessons
- Had an orientation and created group chats for the parents
- Donations were not only limited to facemasks, alcohols, face shields but also to hygiene kits to include sanitary pads, soaps, feminine wash, toothpaste, etc.



What the rewards are:

For myself as a teacher:

- The crafted DLP and WHLP integrated real-life application. As an approach, this helped in administering the MHM lessons to the pupils
- All the learning materials were practical and easy to use, making teaching about MHM so much easier

For my students:

- Introducing the MHM at this early age will create awareness and acceptance of the normal changes that happen to all of them
- Enhancing the knowledge about their personal hygiene care
- They will serve as preceptor to their siblings or the younger ones



Let me end my thought from a quotation of Benjamin Disraeli, and I quote:

“CLEANLINESS AND ORDER ARE NOT MATTERS OF INSTINCT; THEY ARE MATTERS OF EDUCATION, AND LIKE MOST GREAT THINGS, YOU MUST CULTIVATE A TASTE FOR THEM.”

