

WASH YOUR HANDS WITH SOAP AND CLEAN WATER



1 WET HANDS
with clean running water



2 APPLY SOAP
to hands and create lather



3 RUB PALMS
and in between fingers



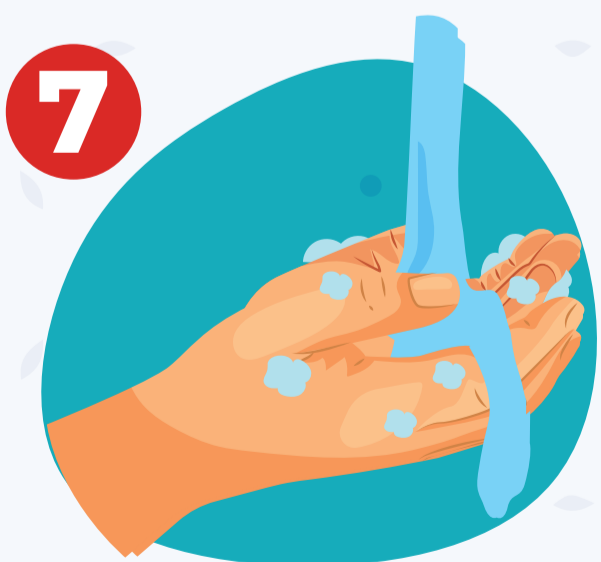
4 RUB FINGERTIPS
and thumb rotationally
(in twisting motion)



5 RUB BACK
of fingers and fingertips
against the opposite palm



6 RUB PALM
against the back
of the opposite hand



7 RINSE HANDS
with clean running water



8 DRY HANDS
by air drying or using a hand
towel. Always wash and
dry hand towel after use