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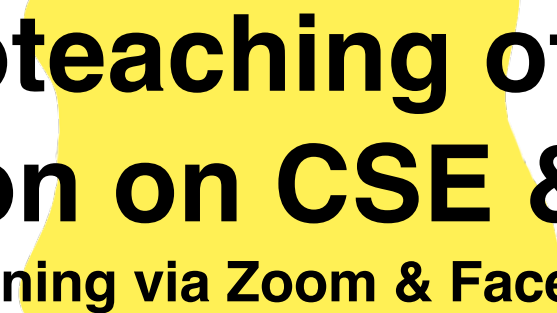
# MHM Technical Assistance

Microteaching of CSE/MHM SLAC Session

Center for Health Solutions  
& Innovations Philippines, Inc.



Big ideas.  
Real results.



# **Microteaching of LAC Session on CSE & MHM**

**(Online training via Zoom & Facebook Live)**

# Session Overview

Provide knowledge, skills and attitude on sexuality and reproductive health education through Microteaching toward conducting SLAC Session on CSE & MHM in local school.

Target Participants:

1. Principal / School Heads
2. Teachers who attended the Regional Webinar on Menstrual Hygiene Management
  - Science
  - Health
  - EPP
3. EPS / PSDS / Curriculum & Learning Management Division supervisors

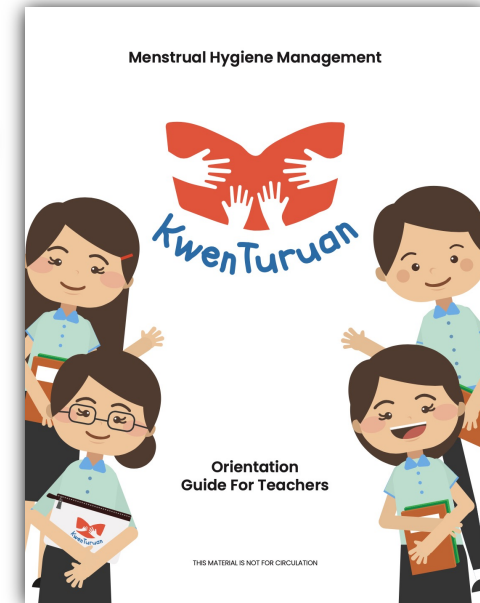
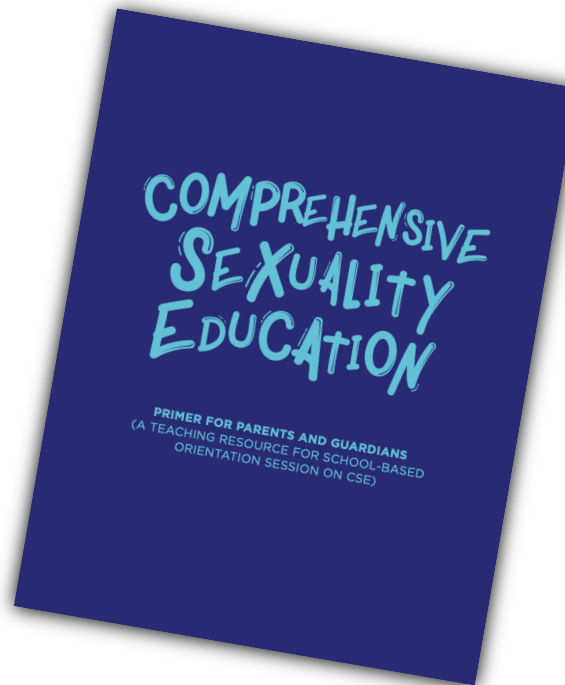


# Content

1. Policy Guidelines on the Implementation of the Comprehensive Sexuality Education
2. LAC as continuing professional development activity for teachers
3. Microteaching LAC Session on CSE & MHM
  - Defining Sex & Gender, Gender Stereotyping
  - CSE Overview
  - My First Regla Moment
  - Kwentong #MeronAKO
  - MHM Overview & WASH in Schools
  - Integrating MHM concepts in DLPs & WHLPs
  - Learning Delivery Tools
  - Synthesis
4. Pedagogical Reflection / Q&A
5. Closing / Announcements



# References



- Session 1 What is CSE?
- Session 2B Understanding Sex & Gender
- Session 4.2 Menstruation (Menstrual Health Management)

- Defining Sex & Gender

- Menstrual Hygiene Management

# CSE/MHM SLAC Mechanics

## School Learning Action Cell Session on Comprehensive Sexuality Education (CSE) and Menstrual Hygiene Management (MHM)

SLAC on CSE & MHM Demonstration by CHSI

SLAC Session with Grade 4-6 teachers

Sharing of SLAC experiences by local teachers

### Topics:

1. Defining Sex & Gender
2. CSE Overview
3. Menstrual Hygiene Management Overview
4. MHM Resources

Duration: **3-hr Session**

Date: **To be scheduled by Division Office. See Microteaching schedule**

### Microteaching Schedule

Batch 1: December 3

Batch 2: December 8

Batch 3: December 10

Time: 9:00am - 12:00pm

Zoom meeting & FB Live

# How to schedule Microteaching?

## **SCHOOL**

Consult with Division office re Microteaching SLAC schedule. (half-day online session)

## **DIVISION**

Finalize date of Division-wide Microteaching SLAC on CSE & MHM.

Coordinate with DepEd Region 8 and CHSI re Microteaching schedule.

## **CHSI**

Develop general online Microteaching SLAC calendar in consultation with DepEd Region 8.

Conduct online Microteaching SLAC session per division.

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Topics:

1. Defining Sex & Gender
2. CSE Overview
3. Menstrual Hygiene Management Overview
4. MHM Resources

Duration: **3-hr Session**

Date: **To be scheduled by Division Office**

SLAC Session with Grade 4-6 teachers

Local MHM team to conduct **at least one SLAC Session** with Grade 4-6 teachers about CSE and MHM from **December 2021 - March 2022.**

Sharing of SLAC experiences by local teachers

Share SLAC experiences and session photos during the **End of Project Conference.** (TBA)