



#MerOnAKO
Journey

RESULTS WE AIM TO ACHIEVE

- Grade 5 female and male pupils have increased knowledge on menstrual hygiene management and have access to MHM products and supplies in their homes (and in schools where relevant)
- School officials and teachers in the pilot schools have increased school time/online lessons for personal hygiene education including MHM
- Parents and Grade 5 female and male learners have open lines of communication on menstrual hygiene concerns



INTERVENTIONS WE WILL IMPLEMENT

- Roll-out of MHM resource materials for teachers, parents, and learners suitable for the blended learning modality.
- Capacity building of teachers and school heads on MHM teaching and learning resources.
- Capacity building of parents/caregivers to enable them to guide or support their children in exploring MHM concepts as part of the blended learning approach.

**ACTIVITIES in the
#MeronAko Journey**
*(What are the activities we will
implement?)*

MILESTONES
*(How will we know that we are on
the right track ?)*

Reporting RESULTS
*(How will we capture and report our
experiences?)*



ACTIVITIES IN THE **#MeronAKO** *Journey*

- **Region and divisions** meeting and planning sessions for the **#MeronAKO** implementation on the use of the learning delivery tools for the DepEd blended learning



MILESTONES

- Region has issued a policy on implementation on the use of the **#MeronAko** learning delivery tools
- Division completed the plan for implementing **#MeronAKO**
- Division ensured the availability of set of MHM learning delivery tools



REPORTING RESULTS

- Memo on region-wide implementation on the use of the **#MeronAko** learning delivery tools
- Division-level MHM Action plans
- **#MeronAKO** learning tools available for all teachers in the pilot schools

ACTIVITIES IN THE **#MeronaKO**

Journey

- Conduct Webinar on CSE and **#MeronaKO**

- Conduct **division**-level microteaching sessions

MILESTONES

- Schools (officials and teachers) have MHM action plans or improved WINS plans to support MHM

- Teachers have been trained to conduct lessons for personal hygiene education (including MHM) through home delivery using the **#MeronaKO** learning delivery tools
- Teachers have prepared weekly home learning plans (based on DLP inputs in the webinar)
- Subject teachers/head teachers have conducted LAC sessions on CSE/MHM

REPORTING RESULTS

- MHM Action Plan or integrated in the SIP
- Weekly home learning plan with MHM included in the subject Science or EPP or Health (MAPEH) for Grade 5

ACTIVITIES IN THE #MeronaKO *Journey*

- **Teachers** to orient parents on the use of the KwenTuruan modules
- **Parents and their children** in the 5th grade use the KwenTuruan modules

- Conduct feedbacking sessions to capture implementation experience

MILESTONES

- Grade 5 pupils have completed pre- and post-tests on personal hygiene education including MHM
- Parents and learners have submitted the completed KwenTuruan portfolios and outputs to the schools

- Division/schools have participated in a post-webinar SURVEY
- Subject teachers/head teachers have participated in FGDs
- Parents have participated in FGDs
- School heads have participated in virtual Kumustahan sessions

REPORTING RESULTS

- Assessed KwenTuruan portfolios and feedback provided to the Division
- Tabulated Pre- & Post-test Results and submitted to the Division

- Documentation of FGDs, Kumustahan session, and other monitoring activities



unicef



CHSI

Planning for

#MerOnAKO

Implementation in my School

CAPACITY BUILDING

ACTIVITY	REGION	DIVISION	SCHOOLS	TIMING
<ul style="list-style-type: none"> Reproduction and Distribution of #MeronAko Learning Tools (KuwenTuruan) 		<ul style="list-style-type: none"> Identify pilot schools (+enrolment data) Print and distribute #MeronAKO Learning Tools (KuwenTuruan) 		October 2021
<ul style="list-style-type: none"> Webinar on CSE and MHM 	<ul style="list-style-type: none"> Identify participants from the region Act as Resource Person 	<ul style="list-style-type: none"> Issue a memo for the conduct of webinar Participate in the webinar (ASDS, SGOD, CID, WINS-MHM focal, WASH focal) 	<ul style="list-style-type: none"> Identify teacher participants per school (EPP, MAPEH, Science) 	November 4-5 & 8-9 2021
<ul style="list-style-type: none"> Microteaching Sessions via Learning Action Cells (LAC) 			<ul style="list-style-type: none"> Submit schedule of microteaching sessions Identify xx participants per school Distribute #MeronAKO Learning Tools to Parents 	November – December 2021

MAINTAINING SUPPORTIVE ENVIRONMENT FOR MHM

ACTIVITY	REGION	DIVISION	SCHOOLS	TIMING
<ul style="list-style-type: none">Coaching and mentoring per division, as needed		<ul style="list-style-type: none">Determine schedule of coaching & mentoring session per divisionAct as RP with CHSI		November – December 2021

MONITORING AND ASSESSMENT OF IMPLEMENTATION

ACTIVITY	REGION	DIVISION	SCHOOLS	TIMING
<ul style="list-style-type: none"> Monitoring of school-level implementation of #MeronAko learning delivery tools 		<ul style="list-style-type: none"> Monitor the implementation of #MeronAko learning delivery tools in pilot schools 	<ul style="list-style-type: none"> Implement KwenTuruan Action Plan 	November 15, 2021 – 28 January 2022
<ul style="list-style-type: none"> Collection of pre- and post-test results 		<ul style="list-style-type: none"> Consolidate tabulated pre- & post-test results 	<ul style="list-style-type: none"> Collect and tabulate pre- & post-test results Accomplish and submit tabulation forms to Division 	28 January 2022
<ul style="list-style-type: none"> Collection of Learners outputs 		<ul style="list-style-type: none"> Consolidate Portfolio assessment 	<ul style="list-style-type: none"> Collect and assess Kwenturuan portfolios 	28 January 2022
<ul style="list-style-type: none"> Kumustahan session with (13 divisions) 		<ul style="list-style-type: none"> Convene division-level “Kumustahan” sessions 		November – December 2021
<ul style="list-style-type: none"> FGD with teachers 		<ul style="list-style-type: none"> Memo for the FGD with teachers 	<ul style="list-style-type: none"> Identify xx participants per school 	March 2022
<ul style="list-style-type: none"> FGD with parents 		<ul style="list-style-type: none"> Memo for the FGD with parents 	<ul style="list-style-type: none"> Identify xx participants per school 	March 2022
<ul style="list-style-type: none"> End of Project Conference 	<ul style="list-style-type: none"> Issue a memo Identify participants from the region and act as RP 	<ul style="list-style-type: none"> Identify participants from the division Act as RP with CHSI 		April 2022

KwenTuruan Action Plan Template

Name of School:

Name of Principal:

Name of Teachers: 1.

2.

3.



MILESTONE	TARGET DATE	LOGISTICS	PERSON IN-CHARGE
Receive MHM printed materials / Attend Training on <u>KwenTuruan</u>	October November 4-5, 8-9		
<u>PRE-WORK</u> <ul style="list-style-type: none"> • Review MHM materials • Record Quarter 2 Quiz (Pre-test) (limited to items related to MHM concepts) • Develop rubrics for <u>KwenTuruan</u> outputs 	November 15 – December 15		
Coaching/Mentoring Session with CHSI	November		
Conduct of MHM Orientation with Select Parents/Guardians	December		
Monitoring of MHM <u>KwenTuruan</u> Sessions by teachers	December - January		
Deadline for Submitting KwenTuruan Portfolio by parents	January 28, 2022		
Administer Post-Test and Tabulate Pre- and Post-Test Scores	February 2022		
Grading of <u>KwenTuruan</u> Portfolio	February 2022		
FGD/KIIs for Parents and Learners by CHSI <u>KwenTuruan</u> feedback sessions	March 2022		
Turnover <u>KwenTuruan</u> portfolio to CHSI	March 2022		

KwenTuruan M&E Forms

#MeronAKO

Pre-activity Form 1

Petsa June 13, 2021

Pangalan ng magulang o tagapag-alaga na gagabay sa Aralin 1
Joan C. Advistio

Edad/Gulang 38

Kasarian (Lagyan ng tsak ang sagot)
 Babae
 Lalaki

Relihiyong kinaaaniban (Lagyan ng tsak ang sagot)

<input checked="" type="checkbox"/> Katoliko	<input type="checkbox"/> Seventh Day Adventist
<input type="checkbox"/> Aglipayan	<input type="checkbox"/> Ang Dating Daan
<input type="checkbox"/> Protestante	<input type="checkbox"/> Muslim
<input type="checkbox"/> Evangelical Christian	<input type="checkbox"/> Tribal Religion
<input type="checkbox"/> Iglesia Ni Cristo	<input type="checkbox"/> Wala
<input type="checkbox"/> Saksi ni Jehovah	
<input type="checkbox"/> Iba pang Relihiyon (Isulat sa patlang ang pangalan)	

Oros sinimulan ang aralin 7:02 P.M.

Pirma o Lagda *[Signature]*

Feedback Form 1

Ilang oras ninyo ginawa ang Aralin 1? 7:02 P.M.

Ano ang reaksyon mo sa mga sumusunod? (Ilagan ang iyong sagot)

	Masaya	Malungkot	Nagalit	Nalito
Kabuuang karanasan sa pag-gabay mo sa aralin?	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Deloy at proseso ng aralin?	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Interaksyon mo at ng iyong anak o inaalaagan?	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Pinakagusto mong bahagi ng aralin? (Lagyan ng tsak ang iyong sagot)

<input checked="" type="checkbox"/> Kwentuhan	Mga pagbabago habang nagdadalaga at nagbibirota
<input type="checkbox"/> Pag-usapan	Pagpapatalim ng kwentuhan
<input type="checkbox"/> Unawain	Mahahakagang konsepto
<input type="checkbox"/> Gumawa	Pagbuod ng natutunan Maliitang gawain Subukang gawain

May ka pa ba sa isa pang aralin gamit ang KwenTuruan? (Lagyan ng tsak ang iyong sagot)

<input checked="" type="checkbox"/> Okay pa
<input type="checkbox"/> Hindi na okay
<input type="checkbox"/> Hindi pa sigurado

Pre-activity Form 4

Petsa June 13, 2021

Pangalan ng magulang o tagapag-alaga na gagabay sa Aralin 4
Telen P. Along

Edad/Gulang 40

Kasarian (Lagyan ng tsak ang sagot)
 Babae
 Lalaki

Relihiyong kinaaaniban (Lagyan ng tsak ang sagot)

<input checked="" type="checkbox"/> Katoliko	<input type="checkbox"/> Seventh Day Adventist
<input type="checkbox"/> Aglipayan	<input type="checkbox"/> Ang Dating Daan
<input type="checkbox"/> Protestante	<input type="checkbox"/> Muslim
<input type="checkbox"/> Evangelical Christian	<input type="checkbox"/> Tribal Religion
<input type="checkbox"/> Iglesia Ni Cristo	<input type="checkbox"/> Wala
<input type="checkbox"/> Saksi ni Jehovah	
<input type="checkbox"/> Iba pang Relihiyon (Isulat sa patlang ang pangalan)	

Oros sinimulan ang aralin 7:00 P.M.

Pirma o Lagda *[Signature]*

Feedback Form 4

Ilang oras ninyo ginawa ang Aralin 4?

Ano ang reaksyon mo sa mga sumusunod? (Ilagan ang iyong sagot)

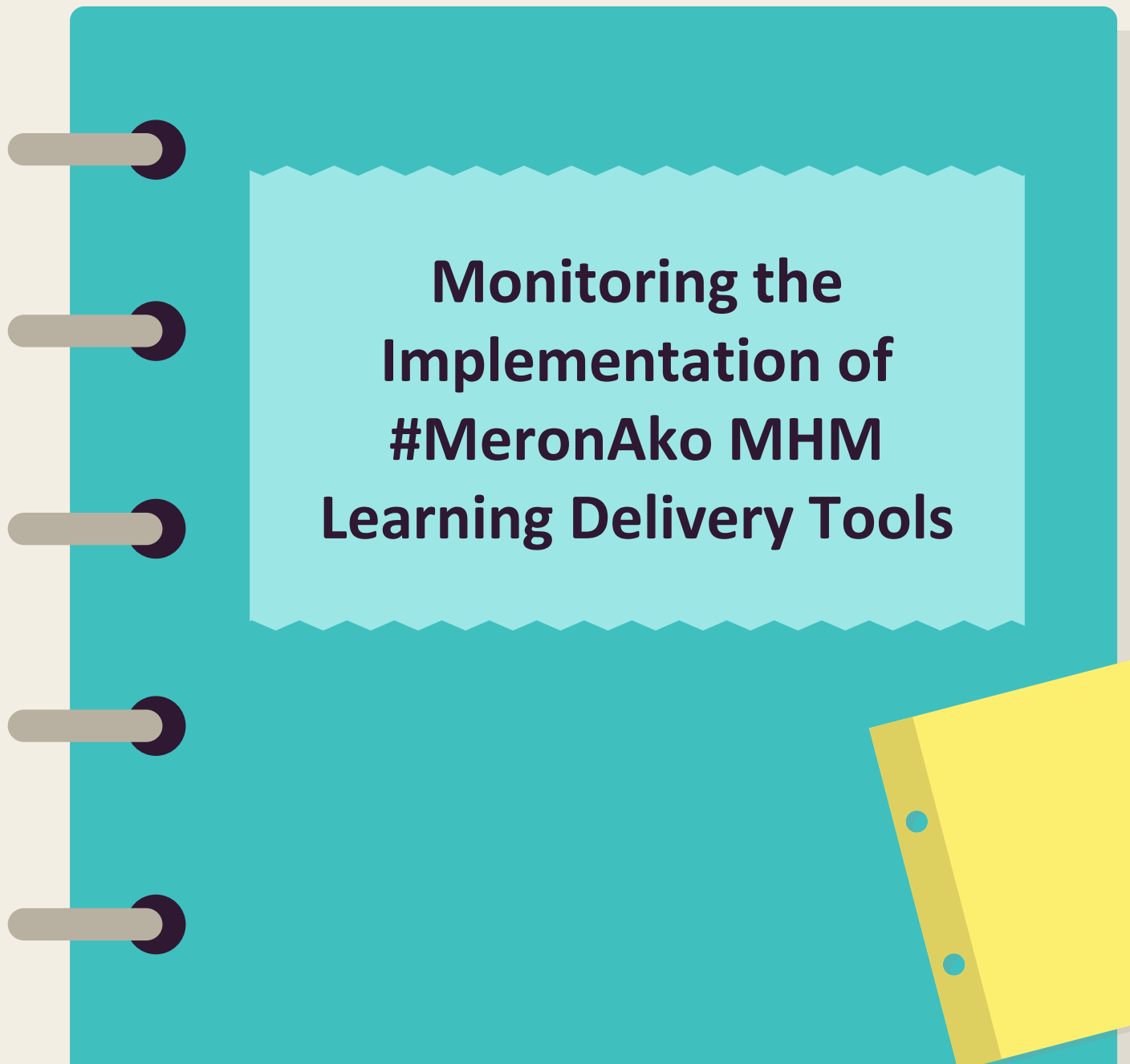
	Masaya	Malungkot	Nagalit	Nalito
Kabuuang karanasan sa pag-gabay mo sa aralin?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Deloy at proseso ng aralin?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Interaksyon mo at ng iyong anak o inaalaagan?	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Pinakagusto mong bahagi ng aralin? (Lagyan ng tsak ang iyong sagot)

<input type="checkbox"/> Kwentuhan	Mga Patakdanan ng Regla
<input type="checkbox"/> Pag-usapan	Pagpapatalim ng kwentuhan
<input type="checkbox"/> Unawain	Mahahakagang konsepto
<input checked="" type="checkbox"/> Gumawa	Pagbuod ng natutunan Maliitang gawain Subukang gawain

Ma-irerekomenda mo na ba ang KwenTuruan sa iba pang gamitin sa pagtalakay ng mga paksa ng may kaugnayan sa Menstrual Hygiene Management? (Lagyan ng tsak ang iyong sagot)

<input checked="" type="checkbox"/> Oo
<input type="checkbox"/> Hindi
<input type="checkbox"/> Hindi tiyak



**Monitoring the
Implementation of
#MeronaKO MHM
Learning Delivery Tools**



I. Support the piloting and integration of MHM tools into the curriculum

- ✓ Does your school have a WINS-MHM Action Plan?
- ✓ Does your school have a policy (or memo) to support the use of MHM learning materials under a blended learning approach?
- ✓ Has your school conducted any orientation session for teachers on the MHM resource materials (eg. KwenTuruan) for use of parents and of learners?
- ✓ Has your school conducted an SLAC session on CSE and MHM?
- ✓ Have your teachers used MHM-specific Daily Lesson Plans?
- ✓ Have you transformed the newly developed MHM-specific DLPs into weekly home learning plans?
- ✓ Has your school provided IEC and learning materials on MHM to teachers and learners including the newly developed KwenTuruan learning delivery materials, journals and others?



II. Build a supportive environment for MHM (linked to WinS, CSE and wider WASH)

- ✓ Has your school conducted orientation to parents, local partners and other stakeholders on MHM implementation?
- ✓ Has your school conducted MHM-related co/extra-curricular activities?

III. Generate evidence of the impacts of MHM in schools

- ✓ Has your school developed a tool/checklist to monitor & evaluate the WinS-MHM action plan implementation?
- ✓ Has your school used the developed WinS-MHM monitoring checklist/tool as input to your WinS Three-Star Monitoring Report?

